Welcome to Meditation on Twin Hearts

MEDITATION ON TWIN HEARTS (MTH) is an advanced meditation technique aimed at achieving illumination or universal consciousness. It is also an instrument of world and community service that eventually harmonizes the earth by blessing it with loving-kindness, peace, joy and goodwill.

Meditation on Twin Hearts is a noble tool that hopes to raise one's vibrations toward higher states of awareness and expanded levels of consciousness. Presently being practiced globally by hundreds of thousands of people of different religions and backgrounds, the Meditation on Twin Hearts is extraordinary in its simplicity with amazing and dramatic results.

Grand Master Choa Kok Sui, the modern founder of Pranic Healing and Arhatic Yoga Spiritual teacher and inspiration to millions of people worldwide introduced this meditation as a powerful tool for spiritual development.

"Meditation on Twin Hearts is one of the most powerful meditation tools for spiritual development. It is a true gift from The Great Ones."
- Grand Master Choa Kok Sui

FOR MORE INFORMATION ON TWIN HEARTS MEDITATIONS & PRANIC HEALING IN IRELAND VISIT:
WWW.PRANICHEALINGINIRELAND.COM
WWW.UKPRANICHEALING.CO.UK
WWW.PRANICHEALING.COM
WWW.MEDITATIONONTWINHEARTS.ORG
Pranic Healing® is a highly evolved and tested system of energy medicine developed by GrandMaster Choa Kok Sui that utilizes prana to balance, harmonize and transform the body's energy processes. Prana is a Sanskrit word that means life-force. This invisible bio-energy or vital energy keeps the body alive and maintains a state of good health.

"In Ancient times, Pranic Healing could only be practiced by an elite few. My job was to develop a very effective healing system, which ordinary people could learn in just a short period. Anybody can practice pranic healing now. The knowledge of being able to deal with simple ailments is quite empowering"-Master Choa Kok Sui

Pranic Healing® works on the principle that the healing process is accelerated by increasing the vital energy to the affected part of the physical body.

Pranic Psychotherapy® is the application of Pranic Healing® techniques in healing and alleviating stress, emotional and mental imbalances.

Pranic Healing® is applied through & on the energy body because physical ailments first appear as energetic disruptions in the aura before manifesting as problems in the physical body. Therefore there is no need for physical contact with the subject.

PRANIC HEALING® is a comprehensive modern system of energy medicine. The techniques taught are very effective and easy to apply. You can learn to perform Pranic Healing® on yourself and your loved ones in these powerful result-oriented workshops!

For more information visit: www.pranichealinginireland.com
Email: info@pranichealinginireland.com

Pranic Healing is not meant to replace conventional medicine but rather to complement it. For Chronic or serious conditions Pranic Healing should be used in conjunction with the appropriate medical supervision/treatment. If symptoms persist a medical professional is to be consulted immediately.
Why do Meditation On Twin Hearts?

"When you do Meditation on Twin Hearts, you become a spiritual conductor. Your body will become filled with light, hope and strength. Through the practice of Meditation on Twin Hearts, your internal condition is transformed."

"When you do Meditation on Twin Hearts, a lot of soul energy comes down. You become whole and more connected and one with your higher soul. By using the Prayer of St. Francis of Assisi, peace and love are brought down and can be used to heal your inner anger or hatred."

"When you internally forgive those who have injured you, then you are in a position to bless the earth, every person and every being. Meditation on Twin Hearts creates a bridge between the emotional love of the incarnated soul and the Divine love of the Higher Soul."

"Through the regular practice of Meditation on Twin Hearts, your degree of connectedness and oneness with your higher soul is increased. The size of your spiritual cord becomes bigger. You're able to tap your higher soul for inner guidance, inner peace and inner power."

The Meditation on Twin Hearts prepares you for the practice of higher meditations.

~ Grandmaster Choa Kok Sui

Activation of the Heart and Crown is one of the fastest paths to Spiritual Development.

GMCKS
Beyond the Mind on Meditation on Twin Hearts

For information on Twin Hearts Meditations & Pranic Healing throughout Ireland
Contact: info@pranichealinginireland.com
Or visit: www.pranichealinginireland.com
GMCKS
Twin Hearts Meditation & Pranic Healing Clinic

Last Wednesday of Every Month
LOCATION: The Park Hotel, Estuary Room
TIME: 7:30pm  COST: no charge, donations welcome
CONTACT: susanfoley72@yahoo.com for more details

"Meditation on Twin Hearts is one of the most powerful meditation tools for spiritual development. It is a true gift from the Great Ones"
Master Choa Kok Sui

"Just as Pranic Healing can ‘miraculously’ cure simple & severe ailments; Meditation on Twin Hearts, when practiced by large numbers of people can miraculously heal the entire earth - Thereby making the earth more peaceful & harmonious"
GMCKS

The Meditation on Twin Hearts is a method used for gaining deep relaxation, eliminating stress, promoting health, and attaining inner happiness & peace. It is practiced by millions of people worldwide and is a simple, natural, effortless technique.

This is followed by a

MCKS Pranic Healing Clinic

Come and experience the amazing physical, emotional & spiritual benefits of the Meditation on Twin Hearts and Pranic Healing.

Join us for the Twin Hearts Meditation
A powerful but simple meditation to enhance well being & good health!

For information on Twin Hearts Meditations & Pranic Healing throughout Ireland
Contact: info@pranichealinginireland.com
Or visit: www.pranichealinginireland.com
Introduction to MCKS Pranic Healing & Twin Hearts Meditation

Third Wednesday of each month
LOCATION: St. Olivers Parish Centre, Clonmel
TIME: 7:30pm  COST: no charge, donations welcome
CONTACT: susanfoley@72@yahoo.com / 087 764 1345
for more details

Reduce stress, Create inner Peace and increase energy levels

The Meditation on Twin Hearts is a method used for gaining deep relaxation, eliminating stress, promoting health, and attaining inner happiness & peace. It is practiced by millions of people worldwide and is a simple, natural, effortless technique.

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