



**LEARN THE SECRETS TO TAKE YOUR LIFE TO A NEW LEVEL**

Improve physical conditions using specific techniques  
Remove stress, calm your emotions, have peace of mind  
and gain clarity

Discover how energy affects you physically,  
emotionally and mentally

Learn how panic healing can help empower your life and  
the lives of others

## **Introduction to Pranic Healing**

**Personal Development Seminar**

**Park Hotel, Shandon Rd, Dungarvan**

**Co. Waterford, X35CC97**

**Monday 11th March 7pm to 9pm**

**Fee: €20 - Booking essential**

**Contact:**

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**Institute of Pranic Healing  
UK & Ireland**

